BEHAVIOR

Consider what they are trying to communicate with their behavior

Explore physical needs – Sensory Sensitivity? Vision? Hearing?

Provide routines and transitions that help support positive behavior

Applied Behavior Analysis concepts applied to specific objectives

Empowerment – offering choices and respecting them as much as possible

Empowerment – providing opportunities for independence

Practice in real life – chores, self-care, meals, outings

Focusing on specific, tangible, next steps (achievable goals)

Positive Reinforcement

Applying strategies consistently over time and across settings

Practical Parenting Resources (i.e. *There's Got to Be a Better Way*-Becky Bailey, *The Explosive Child*-Dr. Green)

Social Stories and Comic Strip Conversations

Find positive role models and mentors